

INFORMATION

WELCOME

The benefits of participating in recreation activities are endless. Children and youth learn social skills and peaceful conflict resolution, adults reduce stress and develop new friendships, seniors improve their health while elevating their self esteem. Come join in the fun at Parks and Recreation and improve the quality of your life. Ken Walter, Parks and Recreation Director

CITY OF FREMONT

Mayor - Donald B. Edwards

City Council (2^{sd} & last Tuesday of the month)

Ward 1 Roy Lemons, Gary Bolton

Ward 2 Dalton Benson, Mary Schiermeyer-Marsh

Ward 3 Scott Schaller, Scott Getzschman

Ward 4 Bernie Mruz, Robert Warner

Acting City Administrator - Derril Marshall

PARKS & RECREATION

Board - Bob Brown, Dian Christensen Hillis, Caralee Johnson, Garry McIntosh, Charly Smith, Edie Ronhovde

Director - Ken Walter

Recreation Superintendent - Kim Koski Special Populations Director- Kim Wilch

Recreation Coordinator - Isaac Paden

Tiny Tots - Judy Roh

Concessions - Kandie Mincer

Office - Vicki Brown, Dorothy Winter, Lisa Ciochon

Parks Maintenance - Dave McArdle

City Arborist - Mark Luther

Building Maintenance - Chuck Callaway

Cemetery Sexton - Jim Clarke

SHELTER RESERVATIONS

Picnic shelters at Clemmons, Memorial and Davenport Parks are available to reserve daily. Call 727-2810.

Session 1: 11:00 am - 4:00 pm Session 2: 4:30 pm - 9:30 pm

Cost: \$11 each session or \$21 all day

PICNIC PACKS

Five picnic packs are loaned on a first-come basis at the Parks Office. Equipment includes: a horseshoe set, two softballs, bats and frisbees, a volleyball with net and a kick ball. Packs need to be picked up by an adult prior to 4:45 pm weekdays and returned the following work day. \$20 deposit (refundable) and \$6.50 fee, plus tax.

CANCELLATIONS

Activities cancelled due to weather or holidays will not be made up. Listen to KHUB 1340AM / KFMT 105.5 for cancellations or call 727-2812 for a recorded message.

Phone: 727-2810 Fax: 727-2834

REGISTRATION

Registrations taken at the Parks and Recreation Office 925 N Broad from 8:00 am - 5:00 pm, Monday through Friday unless otherwise noted. REGISTRATIONS WILL BE RECORDED WHEN FEE IS PAID AND WILL BEGIN AT 8:00AM, WEDNESDAY, MAY 3

SATISFACTION

Our department is dedicated to providing a wide variety of programs & activities. We are proud of our programs and our pledge to you is 100% satisfaction.

CONCESSIONS

Concession stands, operated by the Fremont Parks & Recreation are located at Ronin Pool, Christensen Field & Memorial ballfields. Proceeds help defray the cost of children's programs.

RENTAL FACILITIES

SMALLER EVENTS

Moller Center has seating for 60, kitchen facilities, air conditioning, fireplace, picnic tables and playground. City Auditorium Community Room has seating for 80, a refrigerator, is carpeted and air-conditioned.

Christensen Field Meeting Room has seating for 100, a refrigerator, is carpeted and air-conditioned.

LARGER EVENTS

We offer the <u>City Auditorium</u>, <u>Christensen Field Multi-purpose Building</u>, and <u>Senior-Adult Center</u>. Past events include fund-raisers, receptions, concerts, hobby and stage shows and pancake/spaghetti feeds.

<u>Christensen Field Complex</u> has an indoor livestock arena, three pole barns with horse stalls, an enclosed barn plus an outdoor horse arena.

CITY AUDITORIUM - 925 N. Broad St.

Gym \$260 per day
Kitchen \$40 per day
Community Room \$60 per day

CHRISTENSEN FIELD - West 16th & Ridge Rd

Main Arena \$325 per day
Kitchen \$40 per day
Senior Center \$240 per day
Senior Kitchen \$35 per day
Meeting Room \$60 per day

MOLLER CENTER - 750 \$. Broad St.

Includes Kitchen \$60 per day

Deposits required. Rental Rates effective June 1, 2005. Call the Parks Office, 727-2810 for more information.

CITY CAMPING FACILITIES

CHRISTENSEN FIELD - \$8.50 per night Electrical hookups, water and dump station.

HORMEL PARK - \$1 per site per night

Primitive camping sites, public canoe launch

PARK INFORMATION

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PLAYGROUNDS

TINY TOT & NEW! KINDER TOTS

Children are not allowed to leave the park unless they are with a designated adult. It is up to parents to notify us. An 8-week calendar of events will be provided on your child's first day. Call 727-2810 for rain day locations.

Dates: June 5 - July 28 (8 weeks) Times: Mornings - 9:30 -11:30 am

Afternoons - 1:30 - 3:30 pm

Place: (C) Clemmons - North Shelter (grey) OR

(D) Davenport Park Shelter

Groups: 20 children to 4 trained young adult leaders

Fee: The fee includes all off park activities

3 days a week \$95 2 days a week \$85

TINY TOT PLAYGROUNDS

Tiny Tots is an outdoor, on the park, playground for 3, 4 & 5 year old children (must be 3 years old by June 5) and completely potty trained. No diapers or pull ups allowed. Activities: Bumper bowling, movie, circus, weekly

crafts, rollerskating, and more.
TINY TOT SESSION SCHEDULE

C1 or D1 Mon am / Wed pm / Fri am

C3 or D3 Tues am / Thurs pm C4 or D4 Tues pm / Thurs am

KINDER TOT PLAYGROUNDS

This outdoor playground is just for children who are going into or have just completed Kindergarten, ages 5 (by Oct 15) and 6 years old.

Activities: Bowling, skating, movie, shallow end swimming at Ronin, special crafts, McDonalds visit, Jr Olympic Day and special visitors

KINDER TOT SESSION SCHEDULE

C2 or D2 Mon pm / Wed am / Fri pm

Help provide assistance to families in need to participate in activities with your donation to Friends of the Parks when you register.



REGISTRATION BEGINS AT 8:00 AM ON WEDNESDAY, MAY 3, 2006 AT THE CITY AUDITORIUM

*Parents may sign up their child and one child from another family for Tiny & Kinder Tots

SWINGERS PLAYGROUND

Playgrounds are fully supervised by trained leaders who provide good, safe fun! Children may go to <u>ONE</u> park of their choice, 5 times a week, at the designated times. Children leaving the park must notify leaders and be able to use the restroom independently.

Dates: June 5 - July 28 (8 weeks)

Ages: Children who have completed Kindergarten

through 5th grade.

Limit: There is a limit of 40 children per park

Note: Prices are for 1st child and each additional

child in the same family

Fee: Registration will only be accepted at the

Parks & Recreation Office (8 am - 5 pm)

May 3 - June 2, \$72 and \$50 Beginning June 5th, \$77 and \$55

Includes all in-town off the park activities.

SWINGERS SCHEDULE

MILLIKEN PARK - Wyoming Avenue

Monday-Wednesday-Friday 9:00 am - 12:00 Noon and Tuesday-Thursday 1:00 - 4:00 pm

CLEMMONS PARK - 16th & Luther

Monday-Wednesday-Friday 9:00 am - 12:00 Noon

and Tuesday-Thursday 1:00 - 4:00 pm

BARNARD PARK - Clarkson & Military Monday-Wednesday-Friday 1:00 - 4:00 pm

and Tuesday-Thursday 9:00 am - 12:00 Noon

RUWE PARK - 5th & Howard

Monday-Wednesday-Friday 1:00 - 4:00 pm and Tuesday-Thursday 9:00 am - 12:00 Noon

RONIN PARK - 17th & Somers

Monday-Wednesday-Friday 1:00 - 4:00 pm and Tuesday-Thursday 9:00 am - 12:00 Noon



www.seirtieed.com

TENNIS

JUNIOR DEVELOPMENT

Sponsored by Fremont Tennis Association, Fremont Parks & Recreation, First State Bank & Trust and the YMCA. Each participant receives a T-shirt and FTA membership. In case of rain, classes held at the YMCA. A picnic will be held July 21.

Class Dates: June 12 - July 21 (no classes July 4)

Ages: 4 - 15 years

Head Instructors: Justin Bigsby, Johanna Culver

PRE-STAR: 4-5 year olds, \$22, 1/2 hour. Learn racquet handling, ball rolling and striking skills.

TWINKLING STAR I & II: 6-8 year olds, \$32, 1 hour. Introductory instruction.

RISING STAR I: 9-12 year olds, \$32, 1 hour, Intro progressing towards consistency and playing experience. RISING STAR II: 9-12 year olds, \$32, 1 hour.

Intermediate instruction for those with consistency.

STAR (pre-competitive): \$32, 1 hour. Advanced instruction - intro to competitive match play.

CLASS SCHEDULE

FREMONT HIGH SCHOOL TENNIS COURTS

9 - 10 am Twinkling Star I & II Mon & Wed 9:30 - 10 am Pre-Star Mon & Wed 10 - 10:30 am Pre-Star Mon & Wed 10 - 11 am Rising Star I & II Mon & Wed 11 - Noon Star Mon & Wed

RONIN PARK TENNIS COURTS

9 - 10 am Rising Star I & II Tues & Thurs 9 - 10 am Twinkling Star I & II Tues & Thurs

VAN ANDA PARK TENNIS COURTS

10:15 - 11:15 Twinkling Star I & II Tues & Thurs 10:15 - 11:15 Rising Star I & II Tues & Thurs

YMCA (Evening Class)

IDEAS OR SUGGESTIONS?

We want to hear them!!! Call us at 727-2810



Forms available at
Fremont Parks and Recreation & YMCA
Contact Johanna Culver, YMCA, 721-6952

ADULT TENNIS LESSONS

Co-sponsored by Fremont Tennis Association, Parks and Recreation and YMCA. All equipment will be provided as needed. Registrations and classes will be held at the YMCA (membership not required).

Session 1: June 1 - June 22 Session 2: July 6 - July 27

Class Time: Thursdays, 7:00 - 8:00 pm Cost: \$18 per person per session

TENNIS TOURNAMENTS

First State Bank Junior Open
Sherin Custer Memorial Rookie
State Adult Closed
McDonald's Junior Open
June 6-8
June 29
July 7-9
July 21-23

Flyers are available one month prior to the event at the Fremont Parks & Recreation or YMCA

TENNIS LEAGUES

USA TENNIS LEAGUE (Cost \$16)

Meets Fridays 9 - 10:30 am at FHS courts beginning June 17. For Rising Star and Star level players who would like to get some match play experience.

FTA JUNIOR TENNIS LEAGUE

Meets Tuesday evenings at FHS courts beginning in June. Open to youth tennis players entering 6-12th grade. Applications available at the Parks and Recreation, YMCA or High School tennis coaches in April.

WOMEN'S TENNIS LEAGUES (Cost \$12)

Tuesday Morning Doubles 8:45 - 11:00 am Thursday Evening Doubles 6:45 - 9:00 pm

Leagues begin in early May and meet at FHS courts. Must be a FTA member. Contact Diana Myers, 721-6952

MENS TENNIS LEAGUE

Begins first week of May at FHS courts. For more information, contact Mike Willman, 727-9048.

FAMILY MEAL DEAL



2 Medium 1 Topping Pizzas, 1 Family Order of Bread Stix, 1 Order Buffalo Wings

Dine In, Carry Out or Delivery.

Not Valid With Any Other Offer. Fremont Only.

1781 East 23rd St. 727-1212

\$19⁹⁹

COUPON EXPIRES 9-30-06

AQUATICS

RONIN POOL 17th & Somers 727-2817

Manager: Amy Graver

Free Swim: May 29 - 30, 1:00 - 4:50 pm

Public Swim: Sat & Sun, 12:50 - 6:50 pm, all summer

Mon-Fri, May 31-June 23, Noon-5:40 pm Mon-Fri, June 26-Aug 16, Noon-7:50 pm

Pool Closes: August 16 at 7:50 pm (subject to change) If the air temperature hasn't reached 70°F by 3 pm, pool may close. Listen to KFMT 105.5FM / KHUB 1340AM.

ADMITTANCE FEES

Single Visit:	Youth (6 - 17 years)	\$2.25
	Adults (18+)	\$3.75
Season Passes:	Youth (6 - 17 years)	\$40
	Adults (18+)	\$50
	Household	\$90
Coupon Book:	Youth (10 swims)	\$15
	Adults (5 swims)	\$15

Season picture passes are purchased at the pool Lost or stolen pass replacement fee \$3

Anyone under 6 must have adult (18+) supervision. Only those able to swim width of pool (front crawl stroke) are allowed in the deep water or to use boards.

YMCA SWIMMING OPTIONS

The Fremont Family YMCA will be honoring Parks and Recreation Pool passes and coupon books at their pool



Monday - Friday 1:00 - 5:00 pm June 1 - August 6 (subject to change)

The YMCA offers swim lessons to the public. Call the YMCA at 721-6952 for

more information

LEARN TO SWIM

Now you have a choice - evening or morning lessons! Minimum age is 5 years old. The Red Cross will certify swimmers in Levels I-VI. Contact the pool for information on the requirements of each level, 727-2817.

Cost: \$18 with season ticket, \$23 without

RONIN POOL LESSON SCHEDULE

9:00 - 9:40 am Levels III, IV, V and VI 9:45 - 10:25 am Level I, II, III, IV and V 10:30 -11:10 am Levels I, II, III, IV and VI 6:00 - 6:40 pm Levels I, II, III, IV and V 6:45 - 7:25 pm Levels I, II, III, IV and VI 7:30 - 8:10 pm Levels III, IV, V and VI

REGISTRATIONS ARE TAKEN AT THE POOL

Cancelled lessons will be held on Friday Session 1: June 12 - 22 (Mon - Thurs)

(evenings)	Registration begins June 5 at 9 am
Session 2:	June 26 - July 7 (Mon - Thurs)
(mornings)	Note: July 4th class held on July 7
	Registration begins June 19 at 9 am
Session 3:	July 10 - July 20 (Mon - Thurs)
(mornings)	Registration begins July 3 at 9 am
Cost:	\$18 with season pass, \$23 without

FREE SWIM LESSONS

To promote safe swimming, Levels I and II of the third session will be free! Space is limited. Parents may sign up their child and one from another family.

PRIVATE SWIM LESSONS

Ronin Pool offers private lessons for children or adults for a fee of \$12 per thirty minute session. Scheduled days and times are Monday, Wednesday, Thursday & Friday from 11:20 - 11:50 am or another time can be arranged. Call the Parks and Recreation Office at 727-2810.

No person will be denied participation because of financial reasons. Call 727-2810 for more information on our assistance program.





GUARD START

Designed for good swimmers ages 11 - 14 (must have completed 5th grade) who want to know more about lifeguarding. Students will learn about water safety and will build a foundation of knowledge, skills and attitudes needed for the Lifeguard Training Course. Register at Ronin Pool beginning June 5 at 9:00 am.

Date:

June 26 - July 6 (Mon - Thurs, except 7/4)

Time: Location:

9:00 - 11:00 am Ronin Pool

Cost:

\$35 plus material fee

LIFEGUARD CLASSES

Certification is required to be a lifeguard at Nebraska public pools. This class includes Lifeguarding, CPR for the Professional Rescuer. First Aid and the required books. Participants must be at least 15 vrs old and attend all classes to become certified. Space is limited so register at the Parks and Recreation Office today!

Location:

Ronin Pool

Dates. Time:

June 5 - June 10 9am - Noon

Cost:

\$75 (includes books and materials)

MIDDLE SCHOOL POOL DANCE

Sponsored by Optimist Club & John C. Fremont Days

Location:

Ronin Pool

Date:

Friday, July 14

Time:

9 - 11:00 pm (lock-in)

Cost:

\$2

4TH OF JULY SPLASH FOR CASH

Swimmers may bring rafts and tubes to the pool today!

Time:

Noon - 5:00 pm (Splash for Cash, 2:30 pm)

Cost:

Regular admission charged

FREMONT SWIM TEAM

Co-sponsored by Fremont Parks and Recreation and the YMCA. Swimmers will be competing against area town teams. To join, call the YMCA at 721-6952



CHILDREN'S SPLASH PARTIES

Children ages 7 - 14 can celebrate their special occasion with their own time at Ronin Pool, Treats may be brought and enjoyed at the pool or park. Call 727-2810 for more information. Reservations required 10 days in advance.

Days: Saturday mornings.

June 10 - July 29

Time:

10:00 - 11:30 am

Cost:

\$59 (\$50 damage deposit)

FLOAT NIGHTS

Swimmers may bring rafts and tubes to the pool on Wednesday nights!

Date:

Location: Ronin Pool Wednesdays

June 28 - July 26 5:50 - 7:50 pm

Time: Cost:

Regular admission charged

PRIVATE POOL PARTIES

Ronin Pool is available for after-hours rental. This is a great way for businesses, groups or organizations to have gatherings. Reservations required at least 10 days in advance, call 727-2810.

Dates:

Weekends.

Time:

June 10 - July 30 7:00 - 9:00 pm

Cost:

\$89 (plus \$100 damage deposit)

LAP SWIMS

Dates:

Monday, Wednesday & Fridays

June 5 - Aug 16

Time:

11:30 am - 12:30 pm

Cost:

\$1 or free with season pass

FAMILY SWIM

All children must be accompanied by an adult

Dates:

Sundays.

June 4 - Aug 6

Time:

4:00 pm - 6:50 pm

Cost:

Regular Admission



Sports Medicine & Sports Trauma Arthroscopic Surgery

Reconstructive Bone & Joint Surgery Total Joint Replacement . Hand & Foot Surgery

721-0090 1-800-563-3302

Christopher L. Ihle, M.D. Kenneth R. Pitz, M.D. Richard F. Bergstrom, M.D. Brett W. Fischer, M.D.

Members of American Academy of Orthopaedic Surgeans 2740 N. Clarkson Street • Fremont, NE

SPORTS

INTRODUCTION TO T-BALL FOR KINDERGARTNERS

For boys & girls who have completed kindergarten (Spring 2006). Emphasis is on creating a safe learning environment with competition down-played (no score kept) and will not compete in the tournament. Practices will be held mornings at neighborhood parks. Space is limited. Game schedules and T-shirts will be distributed at the first practice.

Dates: May 31 - July 27

Games: 1 - 2 games per week, Mon - Fri evenings

Christensen & Memorial Fields

Fee: \$27 (first child) prior to 5pm, April 21

\$21 each additional child (same household)

\$32 each beginning April 24, players will be assigned to teams by staff.

NO DISCOUNTS APPLY BEGINNING APRIL 24

BASEBALL & SOFTBALL

This is an instructional program, learning fundamentals and having fun in a non-intimidating environment is stressed. Game schedules & T-shirts will be distributed at the 1stractice. Age/grade verification may be required. Fee: \$37 (first child) prior to 5pm. April 21

\$30 each additional child (same household) \$42 each beginning April 24, players will

be assigned to teams by staff.

NO DISCOUNTS APPLY BEGINNING APRIL 24

BOYS BASEBALL

Pinto League (Completed Grades 1 or 2)

Mustang League (Completed Grades 3 or 4) Bronco League (Completed Grades 5 or 6)

Pony League (Completed Grades 7 or 8)*

Practices are held at Clemmons, Ronin, Milliken, Memorial ball fields. *Pony practices held at

Memorial & Clemmons ball fields.

GIRLS SOFTBALL

T-Bird League (Completed Grades 1 or 2)

Clipper League (Completed Grades 3 or 4)

Pacer League (Completed Grades 5 or 6) Blazer League (Completed Grades 7 or 8)

Practices are held at Linden, Milliken, Buch and Memorial ball fields

LEAGUE TOURNAMENT

Tentatively set July 28 - August 11
A tournament will be held for all leagues (except Kindergarten). A one-time entry fee of \$2 per adult will help defray costs.

Children and players are admitted free.

OMAHA ROYALS TRIP

Thursday, July 20 * 12:05 pm game

Limited to: Players registered in our leagues

Cost: \$14

Deadline: Friday, July 14, 5pm

Registration only taken at the Parks and Recreation office located at 925 N Broad. LATE REGISTRATIONS

WILL NOT BE ACCEPTED!

CHURCH CO-ED SOFTBALL

Any church interested in this league should contact the Parks and Recreation Office. Games are played on Sunday afternoon and evenings in June and July.

SUMMER SAND VOLLEYBALL

The adult co-ed volleyball league is offered late May through July. For more information, call 727-2810.

FALL VOLLEYBALL LEAGUES

Men and women volleyball leagues will be forming in late August with leagues running September through November. Get some friends or co-workers together for fun and exercise. Various leagues offered to accommodate all skill levels.



ATTENTION MOMSHI

Have your family's photos taken where you want them!

TeA R Tland Photography*

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WALKING/JOGGING CLUB

Every mile walked adds 21 minutes to a person's life. Lengthen your life, look better, feel better! Join the walking/jogging club and receive year round access to the allweather track located at Memorial Stadium. Avoid the aches, pains and potential joint damage of working out on pavement by trying a cushioned workout. \$30 refundable key deposit is required. A waiver must be filled out by participants, 17 years and older. Get started today!

Annual Cost: \$12

WATERCRAFT SAFETY COURSE

Nebraska law requires all watercraft operators (including jet skis, ski-doos & waverunners) under age 18 to complete a boating safety course. Classes are open to anyone for possible boat insurance reduction (check with your carrier). Limit-25 per class and must attend both days to pass. The \$10 fee is paid to the Nebraska Game & Parks Instructor on the 1st night of class, held in the City Auditorium Community Room, 9th & Broad. Call the Parks Office to reserve your spot, 727-2810.

Friday nights 6 - 9 pm, Saturday mornings 9 - Noon Session 1: April 7 & 8 Session 2: May 19 & 20 Session 3: June 16 & 17 Session 4: July 21 & 22

FREMONT SOCCER CLUB

Registrar - Becky Brown, 727-8317

Co-sponsored with Fremont Parks & Recreation where forms are available. Games played at Christensen Field Soccer Complex and surrounding areas, travel is required.

Boys and girls, ages 8 - 18 years

Spring Season: Late March-May (Registration January) Fall Season: Late August-October (Registration June)

Cost/child: \$50 (1st), \$45 (2nd), \$40 (3rd)

RECREATION LEAGUE - SATURDAY MORNING

These 8-week sessions co-sponsored by Fremont Parks & Recreation are played on Saturday mornings in the Spring and Fall at the Christensen Field Soccer Complex.

Ages: Boys and girls, grades 2 - 5th

Cost: \$30 each session

BACK TO SCHOOL CLASSIC

Hosted by the Fremont Soccer Club, held in early August with teams coming from around the state.

HORSESHOES

We have one of the finest courts in Nebraska available anytime free of charge. This sport is not limited to men, as youngsters & ladies also enjoy it.

Location: Kenny Updike Courts, Miller Park

GOLF TOURNAMENT

First State Bank & Trust will sponsor the 14th annual Fremont Golf Tournament. Call Angela Shaw at 721-2500 to register.

Juniors: Friday, July 7 - Whitetail Run Adults

Saturday, July 22 - Whitetail Run Sunday, July 23 - Fremont Golf Club

HERSHEY TRACK & FIELD GAMES

To provide a quality recreation program where children have fun and are introduced to physical fitness through basic track and field events.

Date/Time: Saturday, June 3, Schedule and Times TBA

Location: Memorial Stadium

Cost: FREE!!!

Ages: Boys & girls, 9 & 10; 11 & 12; 13&14

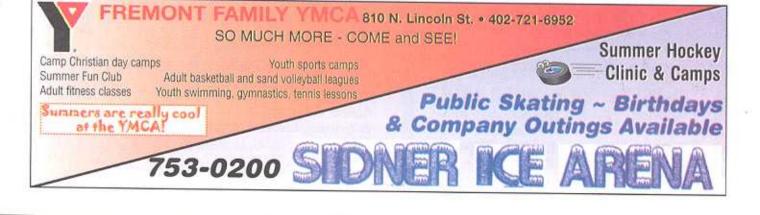
(age as of December 21, 2006)

Register: Parks & Recreation office for a maximum of 3 events (no more than 2 running events), May 30 - June 2. Pre-registration required, walk-ins will NOT be permitted.

Events include Standing Long Jump, 50m dash (ages 9&10), 100m dash, 200m dash, 400m dash (ages 9&10, 11&12), 800m run (ages 11&12, 13&14), 1600m run (ages 13&14), 4 x 100m relay and Softball Throw

The top 2 finishers in each event qualify for the State Finals in Grand Island on June 24. State winners will be eligible for Regionals. Regional winners will be eligible to compete in the North American Finals in Hershey, Pennsylvania.

Help provide assistance to families in financial need to participate in recreation activities with your donation to Friends of the Parks when you register.



FREMONT SENIOR-ADULT CENTER

Christensen Field 1730 W 16th Street

Providing a supportive and recreational atmosphere for individuals ages 50 and older; offering nutritional, educational and social services for the promotion of independence and vitality among adults.

Center Manager - Kim Wilch Assistant Manager - Lori Misfeldt

Email the center at: senior@neb.rr.com Monthly newsletters with a complete calendar of events are available after the 25th of each month at the center or the Parks Office

NUTRITION PROGRAM

Hot Nutritious Meals Served Monday - Friday

The ENOA Nutrition Program, under the direction of the City of Fremont, serves hot nutritious meals Monday -Friday. Those age 60+ receive meals at a reduced contribution of \$2 Transportation is available. Reservations are required by noon, one business day in advance.

RECREATION

Monday-Thursday 9 am - 3 pm, Fridays 9 am - 1 pm Programming is under the direction and support of the

Fremont Parks and Recreation Department.

A full calendar of events offers: travel and one day tours, computer classes & lab, fitness center and exercise videos, media room and library, arts and crafts, life enhancement programs, movies, musical entertainment, billiards, games, bingo, sheephead, bridge, tarocks, card playing and tournaments.

TOURS

Detailed information available at the Center or the Parks Office. Payment guarantees your seat.

Apr 7 Mahoney State Park Dinner & Theater

May 8 Onawa - Casino Omaha

June 20 Ladies Day - be a little silly, a little sassy and have a great time: Art Chicks in Louisville (seen on Letterman), unique shopping & even Baker's Candy in Greenwood!

Aug 7 Horseshoe Casino & Gerald Ford Birthplace Sept 20 Omaha - Where it all began: Western Heritage,

Union Pacific, Bohemian Cafe & more!

Nov 6 Onawa - Casino Omaha

ENOR SERVICES AVAILABLE

Monday - Friday • 8:00 am - 5:00 pm

RSVP & Car-Go Deb Marquardt 721-7780 Info & Referral, Handyman Program, Transportation

> Jeff Harmon 721-7770 Maurine Filsinger 721-7770

SENIOR BOARD SPAGHETTI FEED

Thursday, October 19, 2006

This annual event is sponsored by the Senior Board and held at the Senior Center located at Christensen Field

BOWLING

SANCTIONED LEAGUES

Plaza Lanes 520 West 23 St. 721-0300

Wednesdays & Fridays- 1:00 pm Thirty Bowl, 1205 E 23, 721-6644

Tuesdays, Wednesdays & Fridays - 1:00 pm

FUN BOWL (Year-round)

Thursdays - 10:00 am - Plaza Lanes

SUMMER FUN BOWL (May - August)

Tuesdays, Wednesdays & Fridays - 1:00 pm at 30 Bowl

FREMONT SENIOR VEGAS DAY

Friday, June 23, 2006 9:30 - 11:30 am

Enjoy Vegas and carnival games for fun with drawings held throughout the event. This event is co-sponsored with American National Bank and Arbor Manor. A \$3 donation includes lunch (served at 11:30 am) and "funny money". Reservations required by noon, Wednesday, June 21 by calling 727-2815. It's a blast! Don't miss it!

SENIOR EXPO

Wednesday, May 24 - Lunch Contribution \$2

Visit booths from local businesses for information, services and products especially for the senior population. This FREE event is sponsored by KFMT/KHUB, the Fremont Tribune and the Fremont Senior Adult Center. Lunch is served at 11:30 am for a suggested contribution of \$2. Reservations are required by noon, Monday, May 22nd by calling 727-2815.

BEGINNING BRIDGE LESSONS

Co-sponsored with FALLI, this 4-week class will teach you the basics of bridge.

Dates: Tuesdays, April 4 - 25 Time: 9:30 - 11:00 am

55 ALIVE AARP DRIVING CLASS

This 2-week class is held at the Senior Center. Registration is required by calling 727-2810. The \$10 fee is paid to the instructor, Russ Person, at the first class. A certificate of completion may help reduce insurance cost.

Session 1: May 11 & 18 Session 2: September 7 & 14

Time: 9:00 am - Noon, each day

Case Management

Computer classes are offered for those 50+ in a non intimidating atmosphere. Register at the Parks Office at least 3 days prior to the first class. Detailed flyers are available, 727-2810.

Dates: 3 consecutive Tuesdays as scheduled



Time: 9:15 am - 11:00 am
Location: Senior Adult Center

at Christensen Field

Cost: \$32 (includes manual)

Limit: 8 students

Class	Start Date	End Date
Advanced	May 9	May 23
Internet/Email	Jun 13	Jun 27
Beginning	Jul 11	Jul 25
Advanced	Aug 14	Aug 28
Internet/Email	Sep 12	Sep 26
Beginning	Oct 10	Oct 24
Advanced	Nov 7	Nov 21

ADAPTIVE RECREATION

This program is designed to encourage adults with special needs to participate in a variety of activities, fully supervised under the guidance of Kim Wilch, Special Populations Director. Registrations accepted

up to 2 days prior to the event at the Parks & Recreation Office where detailed flyers are available, 727-2810.

SUMMER ACTIVITIES

MINIATURE GOLF

Date: Wednesday, June 7 Time: 7:00 - 8:30 pm

Cost: \$5 (golf, concessions & supervision)

STATE LAKES FISHING AND PICNIC

Date: Wednesday, June 21 Time: 6:00 - 8:00 pm

Cost: \$5 (dinner, supervision, transportation)

CARNIVAL OF FUN

Date: Thursday, July 6 Time: 7:00 - 8:30 pm

Cost: \$4 (gaming, concessions & supervision)

CHUCK E CHEESE

Date: Tuesday, July 18 Time: 5:00 - 8:00 pm

Cost: \$13 (dinner, tokens & transportation)

MONTHLY ACTIVITIES

These activities are held once a month, August - April and are offered at a nominal cost. Detailed flyers available in July, October and January at the Parks and Recreation Office. Some of the awesome activities we have enjoyed in the past include: Dances, Pizza Parties, Bingo, Plays, Hayrack Rides, Hockey, Basketball and Baseball Games, Crafts, Movies, Games & Fishing! Check out what we have to offer and join us for a fun evening!

BOWLING PROGRAM

This program is a series of 8-week, organized bowling sessions, meeting at Plaza Lanes. These sessions run continuously on Thursday evenings from August through May. (2 games and shoes included)

Cost: \$30 (8 week session) \$15 (4 week session)

 Session 1:
 April 27 - May 18, 2006 (4 weeks)

 Session 2:
 August 31 - October 19, 2006

 Session 3:
 October 26 - December 21, 2006

(we will not meet on November 23rd)

Session 4: January 4 - February 22, 2007 Session 5: March 1 - April 19, 2007

Session 6: April 26 - May 17, 2007 (4 weeks)

The Computer Guy



- New Systems
- *Upgrades
- *Used Systems
- ·Service

235 N. Main St. • Fremont, NE 68025

(402) 721-6466



CLASSES

RED CROSS BABYSITTING CLASS

Sponsored by the American Red Cross and Fremont Parks &

Recreation. Three classes will be offered this year.

Session 1: June 8 Session 2: July 12 Session 3: August 2

Time: 9:00 am - 2:00 pm

Location: Red Cross Office, 439 N Main Ages: 11 years and older

Cost: \$28 (includes manual & Babysitter's Pin)

Class size: Minimum 10, Maximum 20



CLIPS - SNIPS - TIPS

This five-week class is held at La'James International College, 1660 N Grant, 721-6500.

Week 1 - Hygiene, Good Grooming and Visual Poise Week 2 - Facials and Proper Make-Up Applications

Week 3 - Manicures and Pedicures

Week 4 - Hairstyling Week 5 - Fashion Show

Ages: 9 years and older, Limit of 16 children

Session 1: May 31 - June 28 (Wednesdays) Session 2: July 5 - August 2 (Wednesdays)

Time: 2:00 - 4:00 pm

Cost: \$18

The freedom of owning a home is one of the ideals which makes SOLD this country great! MAKING REAL ESTATE COLDWELL BANKER C

535 North Park Avenue Fremont, Nebraska 68025 (402) 721-2221



WOODCARVING

Co-sponsored by Fremont Parks and Recreation and the Pathfinder Woodcarvers. Tools & supplies will be available. Sign up for beginning class at the Parks Office.

BEGINNING WOODCARVING CLASS

Ages: 12 years & older

Days: May 31 - July 5 (Wednesdays, 6 weeks)

Time: 1:00 - 3:00 pm

Location: Christensen Field Senior-Adult Center

Cost: \$5 (5 minimum, 10 maximum)

ADULT WOODCARVING CLUB

Days: 1st & 3rd Tuesday of the month, 7-9:30 pm

Location: Ronin House, 17th & Somers

Contact: Ron Clarke at 727-9026, for more information.

CERAMICS

LuJean's Ceramics, 700 Ridgeland Avenue, 721-0841

Includes: 4 pieces of greenware, paint and firing.

Class size: 5 minimum, 14 maximum

Ages: 7 & older

Dates: Wednesdays, June 7 - 28

Session 1: 12:30 pm Session 2: 2:30 pm Cost: \$22 each

LINCOLN SALTDOGS TRIP

Date: Saturday, July 15

Time: Depart from the Ronin House at 5pm

Return: Approximately 11pm

Cost: \$17/person, includes ticket & transportation

Limit: 20

This trip is open to all individuals. Children 14 yrs. and younger must be accompanied by adult 18 yrs. or older. Please bring money for concessions/souvenirs.

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Time: 9:00 am - Noon, each day



Paige L. Groppe-Glesselmann, M.D., F.A.A.P. William J. Bishop, MSN, APRN, PNP Madeline R. MacDonald, M.D., F.A.A.P., F.A.C.M.G. Biane Johnson, MS, APRN, FNP

> 402-753-2900 FREMONT MEDICAL PARK BLDG 2350 N. CLARKSON • FREMONT

FAX 753-2926 HOURS: MON, THURS, FRI 9-5 TUES & WED 9-6 SAT 9-12



BOWLING

Register for these leagues and classes at PLAZA LANES 520 W 23 721-0300 www.bowlplaza.com

NEW! SUMMER COSMIC BOWLING

Dates: Wednesday nights starting in May

Time: 8:00 - 10:00 pm Cost: \$3 per game

HAVE A BALL LEAGUE

Receive a high performance ball (value of \$140 or less)

Dates: Fach Thursday beginning May 4 at 7mm

Dates: Each Thursday beginning May 4 at 7pm Cost: \$15 per week (15 weeks)

ARCHERY

ROBINHOOD ARCHERY CLUB

Indoor: Located above True Value, 447 1/2 N Main and includes: General practice, indoor league & tournaments.

Outdoor Range: Located at Camp Eagle, South of Fremont and includes life size paper animal targets.

Leagues: Men, Women and Children.

Family Memberships available. Call Ed Altmanshofer 727-1329 or Brad Johannessen 727-1842

YOUTH ARCHERY LEAGUE

Equipment is furnished, bring your own if you have it. Instructed by Robinhood Archery Club Members.

Ages: 6 - 17 years

Date: Starts June 1 at 6:30 pm (6 weeks)

Location: Monnich Park

Fee: \$7 for members, \$14 for non-members

ARCHERY HUNTER EDUCATION

Any person 12 years of age or older, born after January 1, 1977, who hunts big game will need certification from a free 12-hour state required instructional safety program. Call Dave Strong at 727-4008.

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CONCESSION SUPPLIES & INSTITUTIONAL PRODUCTS

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Toilet Paper • Etc.

Tobacco Products • Candy 1245 Hills Rd. • Fremont, NE

721-4944

OPEN BOWL SPECIAL

Dates: May 15 - August 13

Cost: \$1.50 per game (when lanes are available)

FUN BUMPER BOWLING CLASS

No more gutter balls! Bumpers fill the gutters and guarantee pin fall for the child age 3 - 8 years.

Dates: Saturdays, June 3 - July 8

Time: 11:00 am - 12:00 noon & Cost: \$3 per week, 2 games and shoes

ADULT-CHILD LEAGUE

Teams: Consists of 2 adults & 2 children

Date: Fridays, 7:30 pm, May 5 - August 4

Cost: \$5 per week/per person, includes 3 games and shoes (this is a sanctioned league)

3D TOURNAMENT DATES

Location: Register at Hormel Park, 8 am - 2 pm

Dates: April 23 June 25 July 15 & 16 September 10

FIREARM HUNTER ED

Persons over 12 years, born after January 1, 1977, and adults who hunt in surrounding states are required to complete a Hunter Education Class. Participants must attend all classes. Instructors certified by the NE Game and Parks Commission will teach this free 10-hour class in August/September. Call 727-2810.



PLAZA LANES

520 West 23rd 721-0300



1 FREE GAME WITH 1 PAID GAME

(I Free game per person • I card per person per day • Rental shoes not included)

Cosmic Bowling • 10 p.m. to Midnight Every Saturday • \$12 per person

HAPPENING AROUND TOWN

FREE! OUTDOOR MOVIES

Join Larry Koski at Christensen Field at 9pm or dusk. Watch from your car and hear the sound on FM radio. Bring your lawn chairs & boom boxes. Movies subject to change. Weather cancellations will be shown on Tuesday. Concessions available. Sponsored by:

Arbor Manor, Fremont Senior Center, Fas Break, Plaza Lanes, First State Bank, Kiel's Barber Shop, Diers, Tribune, Walker's True Value, KHUB/KFMT, Thrifty Lube, Pet Stop, Hy-Vee, Trade'n Post, Copy Shop, Sears, Matt Hinrichs Insurance & Don Peterson

June 5 Parent Trap July 3 The Great Race June 12 Trouble With Angels July 10 A Far Off Place

June 19 Incredible Mr. Limpet July 17 3D Presentation

June 26 Night of the Grizzly July 24 Casey's Shadow

A Far Off Place

sent to:

GIFTS/ENDOWMENTS

RIDGE CEMETERY ASSOCIATION

Ridge Cemetery Association. Inc. is a non-profit corpora-

tion that raises funds and assists the Park Board in pre-

serving the historical character of the cemetery.

Accomplishments include: landscaping, payed streets, a

monument in Potter's Field, created two prayer gardens.

an automated irrigation system and an entrance archway

with fence. Donations/gifts are tax deductible and may be

Ridge Cemetery Association, Inc.

c/o Fremont Parks and Recreation

925 N Broad St Fremont, NE 68025

Local citizens have organized a non-profit corporation that receives donations, grants, wills and bequests to assist in the development of local parks. Their goal is to raise funds to assist in projects such as bike trails, athletic facilities, improving playgrounds, protecting and enhancing the urban forest. Call the Parks office, 727-2810. Tax-deductible donations may be made to:

Friends of the Fremont Area Parks First State Bank, 1005 E 23rd, Fremont

Carole Darling, President

HUMANE SOCIETY 721-3282

787 S Luther Rd (corner of Luther & Morningside) Mon - Fri 10 am - 5 pm • Saturday 10 am - 3 pm

Our mission is to provide a place of shelter to the homeless, abandoned and surrendered animals; to adopt these animals into responsible, caring homes; to reunite lost pets with owners; and to work with law enforcement agencies to eliminate animal abuse.

The adoption fee is \$53 for dogs and \$42.50 for cats.

LOUIS E MAY MUSEUM

17th & Nye, 721-4515

2006 Exhibit - Fremont's 150th Birthday Celebration Admission \$4 adults, \$1 students, 50° children-under 12

Hours are: April - Dec, Wed - Sun 1:30 - 4:30 pm Closed on Sundays in April, Sept, Oct & Nov Other events to be announced - Gift Shop available

Annual Plant Sale May 6
Homesteaders Fair October 1
Christmas at the Museum December

PARKS & RECREATION PET SHOW

Date: Tuesday, June 20

Marianne Simmons President

Place: Christensen Field Main Arena

Register: 12:30 pm, Judging 1:00 pm

Cost: FREE!! FREE!!
Ages: Children ages 5 - 13

Categories include: Cats, Small, Medium & Large Dogs and Miscellaneous pets. Trophies and ribbons will be awarded for smallest, largest, most spots, best dressed, longest tail and more. Spectators welcome. Pets must caged/leashed.





JOHN C. FREMONT DAYS JULY 14-15-16, 2006

The 20th annual John C. Fremont Days celebration is 3 fun filled days with something for everyone, nearly 150 events and acts! Most events are free! Come and enjoy

this award winning event...named as one of the "Top 100 events in North America"! It's our 20th anniversary and Fremont's 150th birthday! For more information, please call the JCF Office at 727-9428 or check us out at www.johncfremontdays.com

CRAFT BAZAARS

Fremont Parks and Recreation sponsors two craft bazaars annually at Christensen Field, 9pm - 4pm.

HOLIDAY BAZAAR: December 2, 2006 SPRING BAZAAR: March 10, 2007

Admission is \$1 and benefits older adult programs. Contact 727-2810 for information on craft exhibitor registration or to be put on our mailing list.

CRAFT TABLE COST: \$25 each

Spaces are approximately 5x8' and includes the table. Electricity is only available at specific sites.

PAWS, CLAWS, SCALES & TALES

This summer at the Keene Memorial Library starting June 5th



HELP! PROTECT YOUR PARKS

Our goal is to keep your parks safe and useable. Please help us by reporting any vandalism or misuse of your parks and facilities to the Recreation Office at 727-2810 or the Fremont Police Department at 727-2677.

PUBLIC PARKS ARE FOR EVERYONE

We each share the responsibility
of keeping our parks
beautiful and litter-free!
Free litterbags are available at:
Keep Fremont Beautiful 727-2808





DID YOU KNOW?

Dog Park - Clemmons Park has a fenced area for dogs. Skatepark - Located at Miller Park, this awesome skate boarding park is operational during daylight hours.

Bike/Walk Trails - Linden from Somers to Ridge Road and on Military from Luther Road to the Middle School. Hiking Trails - 3 miles of trails at Hormel Park and a one mile trail at Wildwood Park.

Clemmons Park Sled Hill is now bigger and better!

WOODCHIPS - FIREWOOD

City trees that have been trimmed or removed are recycled into firewood or woodchips for your use. Revenue generated from this program is used to subsidize Trees For Fremont program. Call the Parks & Recreation Office at 727-2810 for an appointment.

WOODCHIPS: \$7 for small pickup loads

\$10 for large pickup loads

FIREWOOD: FREE

TREES FOR FREMONT

This program beautifies Fremont & helps citizens obtain high quality trees at a reasonable cost. Each fall applications are taken for planting 3-5 varieties of trees. Selections are made on a first-come basis. Sites will be inspected and if approved, the property owner remits the fee to the Parks Office. Trees will be planted in April-May.

TREE REPLACEMENT

We replace trees near high voltage electric lines with more compatible trees or shrubs. Trees near individual services into homes or businesses or street light wires are not eligible. The customer is responsible for providing care after planting. Call the Dept of Utilities at 727-2613.

This program received federal funds from the Land and Water Conservation Fund. U.S. Department of the Interior regulations prohibit federally-assisted programs from discriminating on the basis of race, color, creed, national origin, age, sex or handicap. If you believe you have been discriminated against in any program, activity or facility of this agency, contact your local Equal Opportunity Officer or the Director, Equal Opportunity Program

U.S. Department of the Interior, National Park Service P.O. Box 37127, Washington, D.C. 20013-7127



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